

MASTERING AUTHENTIC COMMUNICATION

The Takeaways

#EMPATHY

- Benefit of the doubt
- Assess the situation
- Define the moment
- Walk a mile

LEAN IN!

#RESPECT

- Intersectionality redefined
- No need to understand
- Advocacy is personal
- Master the crossover

SUPPORT AN EVENT YOU DID NOT PLAN

#INTEGRITY

- Be honest
- Be direct
- Be fair
- Be consistent

REFRAME THE SITUATION

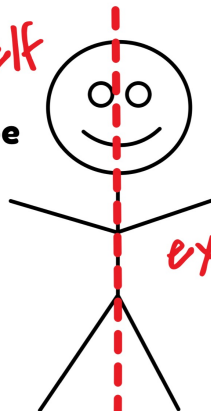
#GRACE

- Listen rather than hear
- Accept an olive branch
- Gauge intent objectively
- Own your power

TAKE A BREATH

internal self

Who I want to be



external self

How I behave