

MASTERING

AUTHENTIC

COMMUNICATION

ashbeckham.com



#ashtag

@ashbeckham

▶ **ash**beckham

~~MASTERING~~

~~AUTHENTIC~~

~~COMMUNICATION~~

Not your Typical
Leadership Talk

ashbeckham.com



#ashtag

@ashbeckham

▶ ashbeckham



#BRAVEAF

V.S.




#LETITGOELSA




What is one thing you want to take away from this session?

 When poll is active, respond at Pollev.com/ashbeckham  Text **ASHBECKHAM** to **22333** once to join

 No responses received yet. They will appear here...

What is the most important thing you bring to this conference?

 When poll is active, respond at PollEv.com/ashbeckham  Text **ASHBECKHAM** to **22333** once to join

 No responses received yet. They will appear here...

ashbeckham.com
What is

AUTHENTICITY?

ashbeckham.com

internal self

Who I want to be



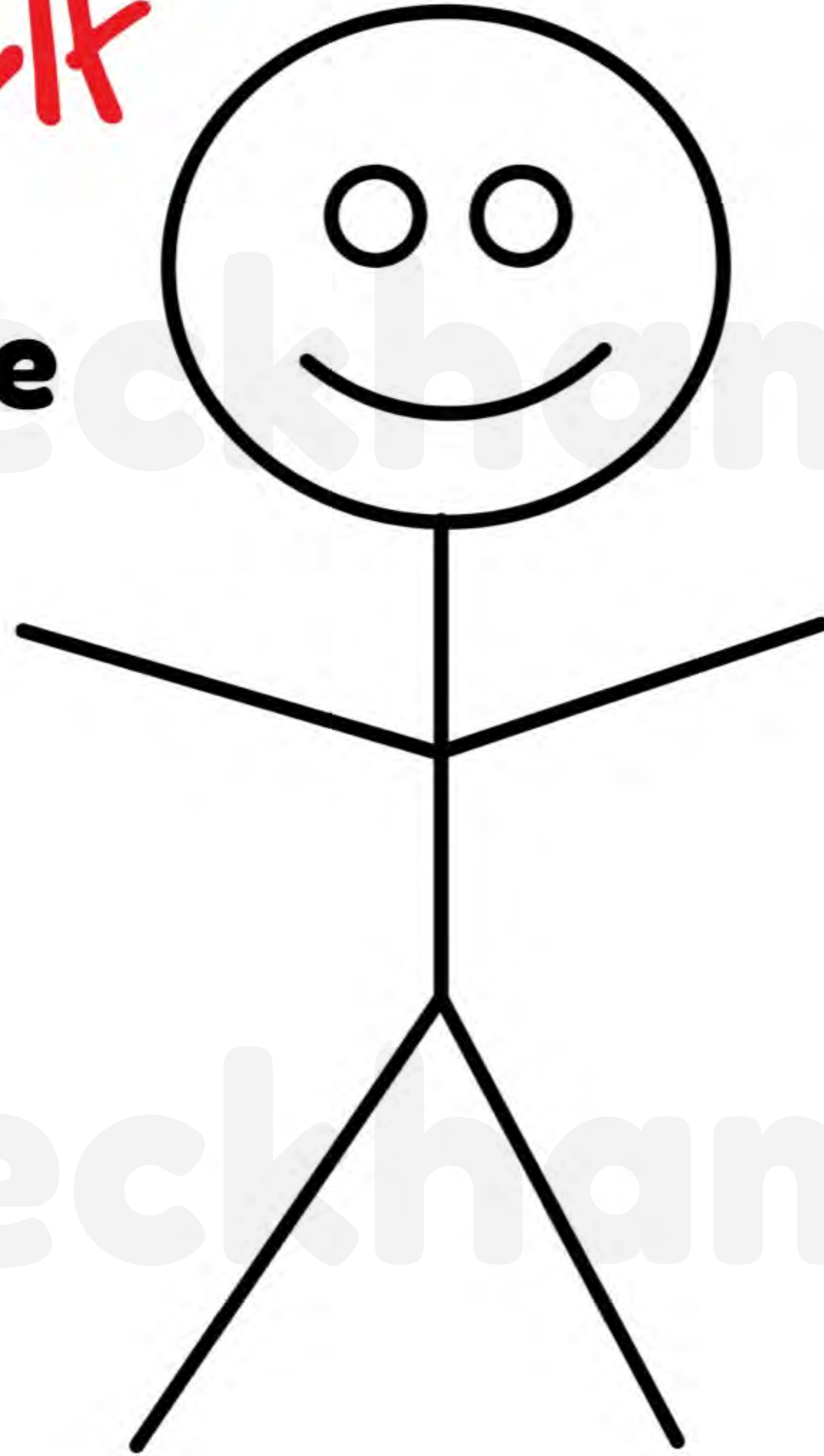
external self

How I behave

ashbeckham.com

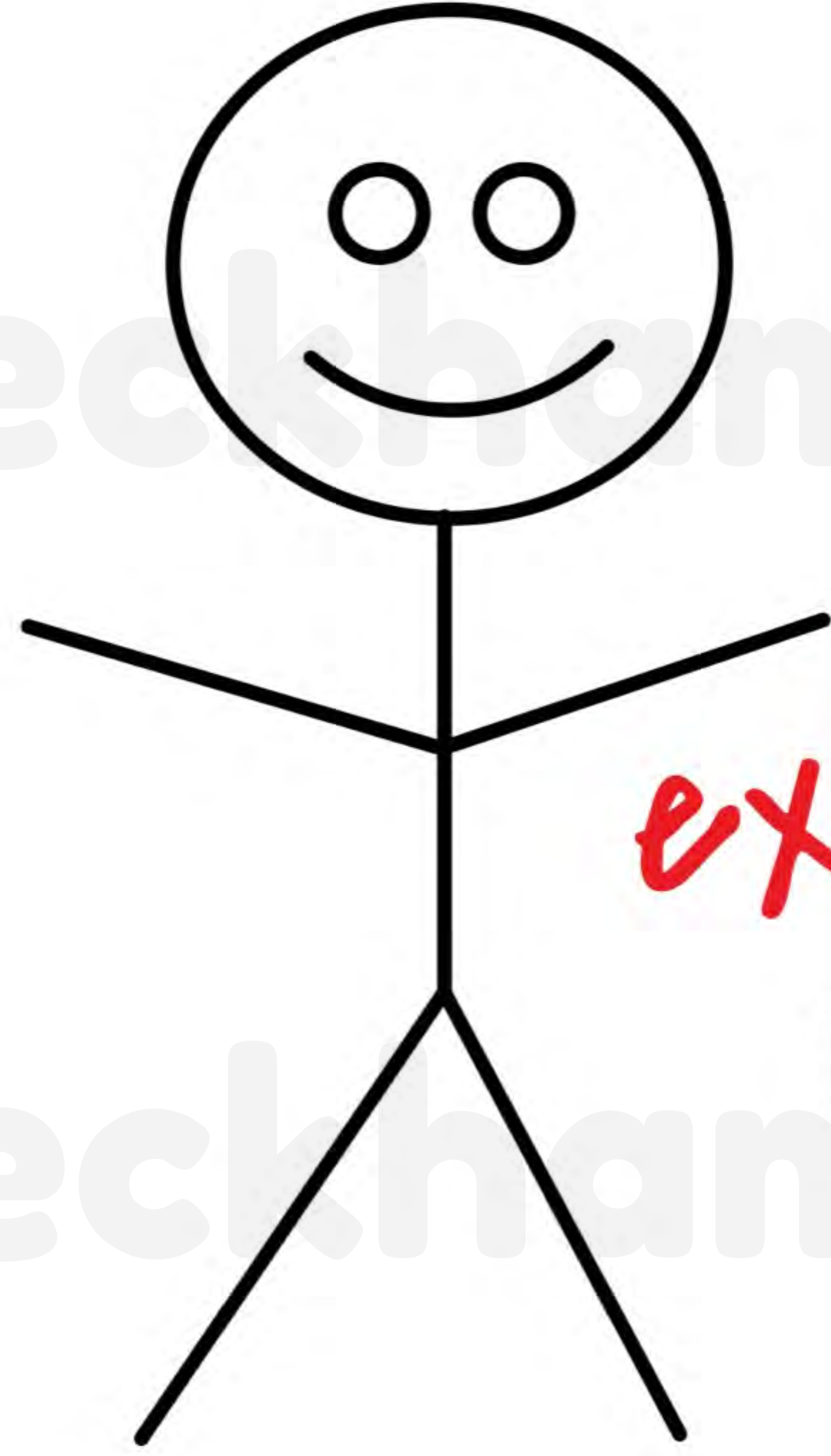
Internal self

Who I want to be



ashbeckham.com

ashbeckham.com



external self

How I behave

ashbeckham.com

internal self

Who I want to be



external self

How I behave

ashbeckham.com

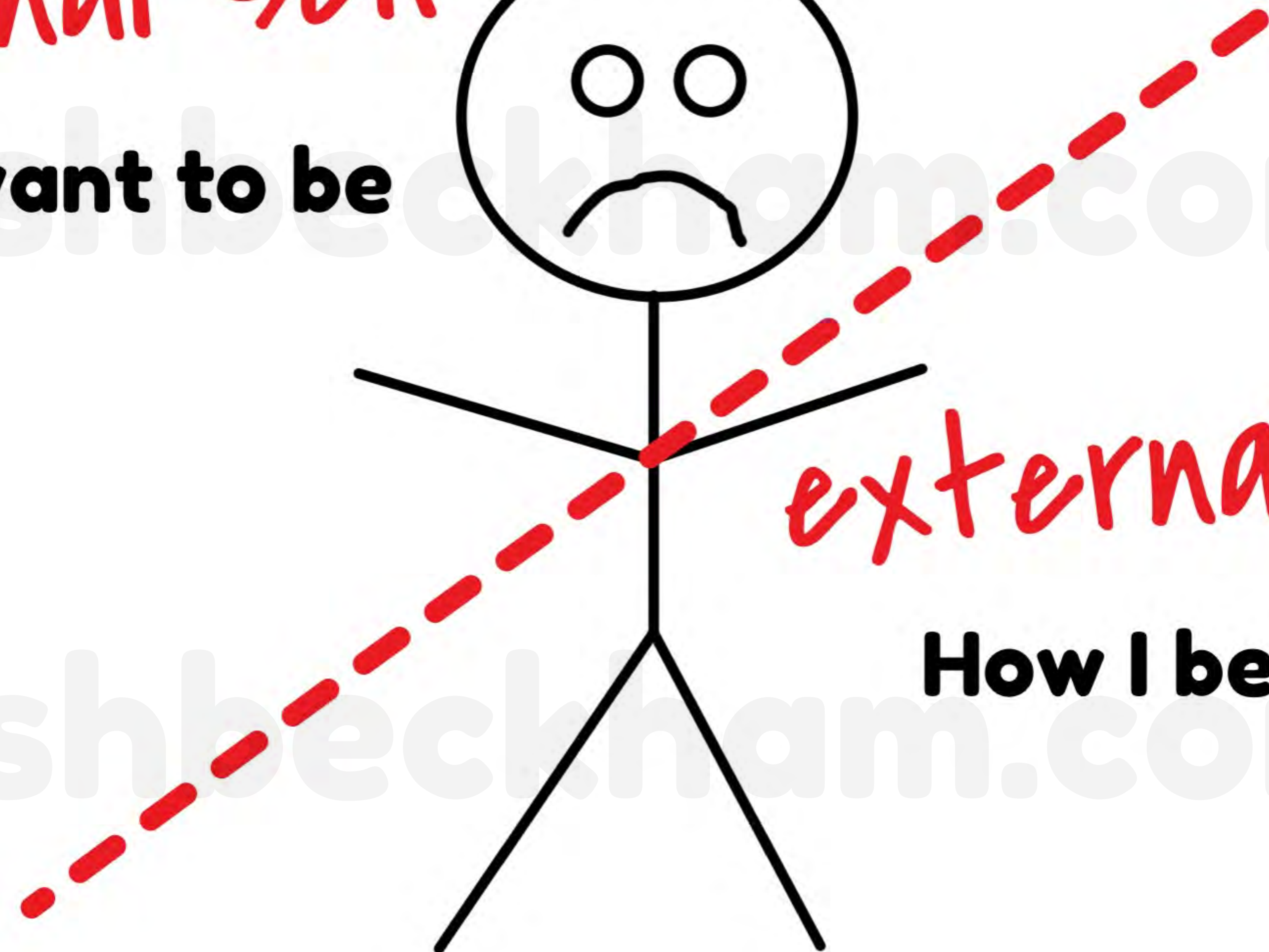
Internal self

Who I want to be



external self

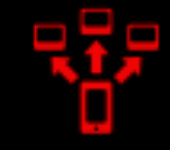
How I behave



ashbeckham.com



What is the main issue that prevents authentic communication?



When poll is active, respond at PollEv.com/ashbeckham  Text **ASHBECKHAM** to **22333** once to join

Fear of Judgement

Lack of Confidence

Lack of Support

Lack of Role Models

#1

EMPATHY

#2

INTEGRITY

#3

RESPECT

#4

GRACE

How many people do you have a relationship with at work where you can fully be yourself?

 When poll is active, respond at PollEv.com/ashbeckham  Text **ASHBECKHAM** to **22333** once to join

Many

Several

Few

None

#EMPATHY

STORY #1

Who am I?





#EMPATHY

STORY #1

Who am I?

1

BENEFIT OF THE DOUBT

2

ASSESS THE SITUATION

3

DEFINE THE MOMENT

4

WALK A MILE

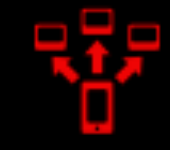
#EMPATHY

Who am I?

Challenge #1

LEAN IN!

In what area do you most struggle with being authentic at work?



When poll is active, respond at PollEv.com/ashbeckham  Text **ASHBECKHAM** to **22333** once to join

How I speak

How often or when I speak

Body language

Self Expression

Other

#INTEGRITY

STORY #2

Adam and Eve or

Adam and Steve?



#INTEGRITY

STORY #2

Adam and
Steve?

1

BE HONEST

2

BE DIRECT

3

BE FAIR

4

BE CONSISTENT

#INTEGRITY


Adam and
Steve?

Challenge #2

**REFRAME THE
SITUATION**

What is one thing your company could change to empower you to be more authentic in the workplace?

 When poll is active, respond at PollEv.com/ashbeckham  Text **ASHBECKHAM** to **22333** once to join

 No responses received yet. They will appear here...

#RESPECT

STORY #3

Find out what
it means to me



Does Ash have a
boyfriend?

No, she has a
girlfriend.

A

GIRLFRIEND?!?

!?!?!?!?!?!?!?!?!?!?!?!?!?!?!!

Yes a girlfriend.

That is all.

#RESPECT

STORY #3

*Find out what it
means to me*

1

INTERSECTIONALITY REDEFINED

2

YOU DON'T NEED TO UNDERSTAND

3

ADVOCACY IS PERSONAL

4

MASTER THE CROSS OVER

#RESPECT


Find out what
it means to
me

Challenge #3

**SUPPORT AN EVENT
YOU DID NOT PLAN**

What is one thing you could do to be more authentic in the workplace?

 When poll is active, respond at PollEv.com/ashbeckham  Text **ASHBECKHAM** to **22333** once to join

 No responses received yet. They will appear here...

#GRACE

STORY #4

How About
That Pancake?



#GRACE

STORY #4

How about that
pancake?

1

LISTEN RATHER THAN HEAR

2

ACCEPT AN OLIVE BRANCH

3

GAUGE INTENT OBJECTIVELY

4

OWN YOUR POWER

#GRACE

How about
that pancake?

ashbeckham.com

Challenge #4

**TAKE A BREATH THE NEXT
TIME THE JUICES FLOW**

The Beauty of
THE MOSAIC
Is In The Pieces

ashbeckham.com



ashbeckham.com

The Gay One



ashbeckham.com

The Beret Wearing,
Francophile, Brain Surgeon



In the end we will not

REMEMBER

the words of our enemies
but rather the

*Silence of
Our friends*

- Martin Luther King Jr.

shaham.com

internal self

Who I want to be



external self

How I behave

ashbeckham.com



ashbeckham.com

ashbeckham.com

ashbeckham.com
▶ ashbeckham



#ashtag @ashbeckham

stay in touch!